GARONGA
Safari Camp

Massage Menu

INTRODUCTION

Escape to our treatment sala where you can restore and revive body and mind and reconnect with nature, as our qualified therapists enable you to relax and unwind in our beautiful bush setting.

At Garonga we use internationally renowned Healing Earth products which harness the restorative powers of Africa's richest resources. Made from only the purest natural active ingredients sourced from the continent's minerals, oceans, flowers, herbs and fruit, these products intensely moisturise the skin without leaving an oily residue.

GARONGA SIGNATURE TREATMENTS

Option One 90 minutes **R 1575**

Swedish massage and stretching techniques, along with warm Polychrome Jasper crystal balls are used in this unique full body signature treatment to ease tense muscles and completely relax the body. A Healing Earth body butter will nourish and replenish your skin without leaving an oily residue. This luxurious treatment is finished off with a back exfoliation and a warm compress.

Option Two 60 minutes **R 995**

This indulgent back massage incorporates the use of Healing Earth body butter, warm Polychrome Jasper crystal balls as well as Swedish massage techniques to gently ease away stress and relax tense muscles. The treatment is completed with a back exfoliation and a warm compress.

OTHER TREATMENTS

Swedish Full Body Massage	60 minutes	**R 820**
Aromatherapy Massage	45 minutes	**R 630**
Back, Neck and Shoulder Massage	30 minutes	**R 415**

Healing Earth Body butters may be substituted for oil in all of the above massages at an additional cost of **R 100**

All Couples Massages are double in cost and only on availability when we have both our Therapists in House. Please speak to our Therapist when she comes round either at Breakfast or when you arrive and at lunch.

RESERVATIONS

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